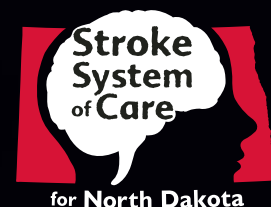




FAST Access to Stroke Care



Test Your Knowledge

- In what part of the body does a stroke occur?
A. Heart C. Lung
B. Brain D. Pituitary gland
- What is another name for a stroke?
A. Heart attack C. Brain attack
B. Charley horse D. Hemorrhage
- What should you do when you see a person who shows signs of stroke?
A. Start CPR
B. Have them sit down and put their head between their legs
C. Take an aspirin
D. Call 9-1-1 immediately
- Which of the following are signs of stroke?
A. Face drooping on one side
B. Weakness in arm or leg
C. Trouble talking or understanding words
D. All of the above
- Which of these factors increase the risk of stroke?
A. Diabetes C. Overweight
B. High blood pressure D. All of the above
- What acronym is often used to remind people about the sudden signs of stroke?
A. FAST C. NASA
B. ROY G BIV D. HEART
- How many brain cells die each minute a stroke goes untreated?
A. 19 C. 1900
B. 190 D. 1,900,000
- _____ out of 10 strokes can be prevented.
A. 1 C. 5
B. 3 D. 8
- To reduce the risk of stroke, you should limit intake of which of the following items?
A. Alcohol C. Sodium
B. Saturated fats D. All of the above
- Some people suffer from a _____, often called a mini-stroke, which can be a sign that a stroke may occur.
A. Pyloric Stenosis C. Myocardial Infarction
B. Seizure D. Transient Ischemic Attack (TIA)

For more information: www.strokeassociation.org | www.stroke.org

Answers: 1.B, 2.C, 3.D, 4.D, 5.D, 6.A, 7.D, 8.D, 9.D, 10.D

Know the signs of stroke and call 9-1-1 for the fastest access to the Stroke System of Care for North Dakota.